



Sub Tuum

We fly to your patronage, O Holy Mother of God: despise not our petitions in our necessities, but deliver us always from all dangers, O glorious and blessed Virgin. Amen.

Saint Joseph, *Pray for us.*

Saint Peter Chanel, *Pray for us.*

Saint Marcellin Champagnat, *Pray for us.*

Prayer for the Society of Mary

God the Father, from Whom every perfect gift comes, we humbly ask You, through the merits of our Lord, Jesus Christ, through the intercession of Blessed Mary, St. Joseph, St. Michael, St. Peter Chanel, and St. Marcellin Champagnat, that You would govern our Society and make it flourish; guard it from error, and preserve it in peace, simplicity, and fervor of spirit, through the same Christ our Lord. Amen.

Prayer for Religious Vocations

O God, you bestow gifts on human beings for the upbuilding of your Church and the salvation of the whole world. Pour out your Spirit to inspire men and women with the desire to follow you more closely by embracing the evangelical counsels of poverty, chastity, and obedience.

Grant your powerful and continuing assistance to all who respond to your call so that they may remain faithful to their vocation throughout their lives. May it lead them to greater fullness and make them living signs of the new person in Christ and outstanding witnesses of your kingdom. We ask this through Christ our Lord. Amen.

Marist Prayer

Excerpts from the
Constitutions of the Society of Mary
and prayers commonly used by
Marist Communities
in the Atlanta Province



The Spirit of Mary

In prayer and meditation on the mystery of Mary's presence at the birth of the Church, Jean-Claude Colin discovered how the Society should be present in the Church of his time. In the same way, a Marist learns to "taste God" and discover for himself in prayer how, by belonging to her Society, he must live the spirit of Mary.

Contemplating Mary in the mysteries of Nazareth and Pentecost and her role at the end of time, Marists come to share her zeal for her Son's mission in his struggle against evil, and to respond with promptness to the most urgent needs of God's people.

Marists learn from Jean-Claude Colin and like him from Mary, how to approach the work of evangelization so that the Gospel may be received in all its power and clarity.

Through prayer Marists will learn to place their gifts unselfishly at the disposal of the Society for the sake of the Kingdom.

That the Lord bless our Holy Father, the Pope, our Archbishop (or Bishop), and all who govern us; let us pray to the Lord.

Lord, hear our prayer.

That the Lord have pity on his Church; our society; this country and diocese; this community and parish; our families, friends, enemies, and all those who do us good; let us pray to the Lord. *Lord, hear our prayer.*

That the Lord grant perseverance to the faithful, convert all those who do us harm, and enlighten those who do not believe in God; let us pray to the Lord. *Lord, hear our prayer.*

That the Lord guide and increase our Society, protect it against all error, and maintain it in peace, modesty, and fervor of spirit; let us pray to the Lord. *Lord, hear our prayer.*

That the Lord reward all those who do us good with eternal life; let us pray to the Lord. *Lord, hear our prayer.*

That the Lord grant eternal life and perpetual light to our departed fellow Marists, family members, friends, and benefactors; let us pray to the Lord. *Lord, hear our prayer.*

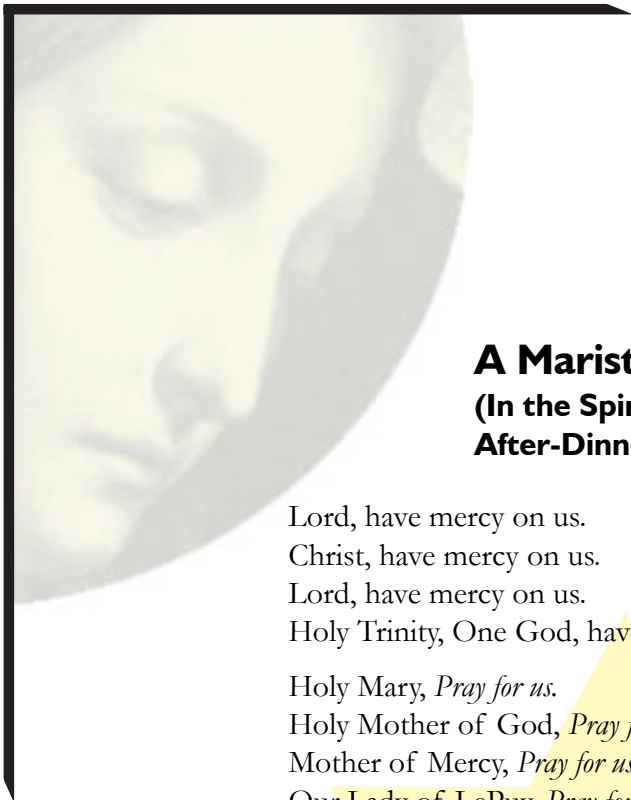
Lamb of God, who take away the sins of the world, *Have mercy on us.*
Lamb of God, who take away the sins of the world, *Have mercy on us.*
Lamb of God, who take away the sins of the world, *Grant us peace.*

Take us under your protection, Holy Mother of God.

Obtain for us grace to persevere in our vocation and to imitate you faithfully unto death.

Let us pray. *(Pause for silence)*

Father, you inspire and bring to fulfillment every good intention. Guide us in the way of salvation and watch over us who have left all things to give ourselves entirely to you. By following Christ, in the spirit of Mary, his Mother, and renouncing worldly power and profit, may we serve you and the human family in the spirit of poverty and humility. We make our prayer through the same Christ our Lord. Amen.



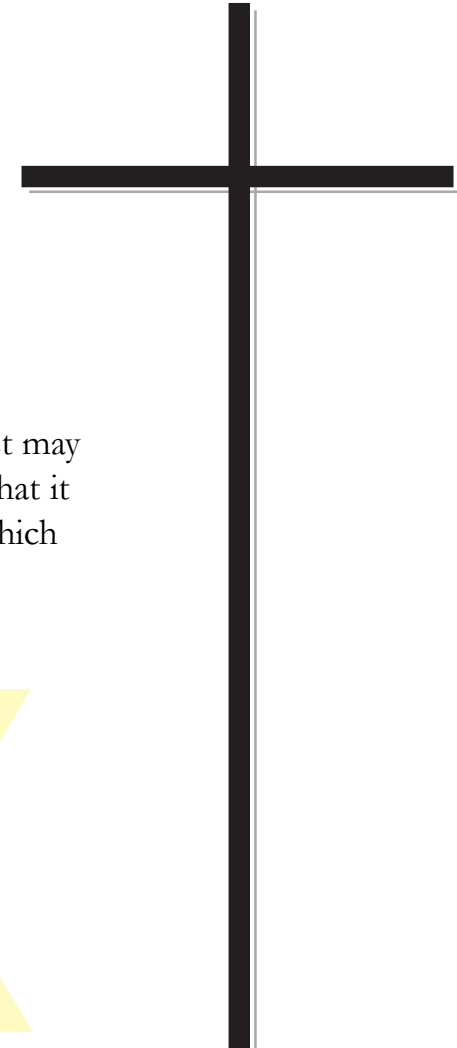
A Marist Litany
(In the Spirit of Venerable Fr. Colin's
After-Dinner Prayers)

Lord, have mercy on us.
Christ, have mercy on us.
Lord, have mercy on us.
Holy Trinity, One God, have mercy on us.

Holy Mary, *Pray for us.*
Holy Mother of God, *Pray for us.*
Mother of Mercy, *Pray for us.*
Our Lady of LePuy, *Pray for us.*
Our Lady of Fourviere, *Pray for us.*
Our Lady of Cerdon, *Pray for us.*
Holy and Immaculate Heart of Mary, *Pray for us.*
Queen of Apostles, *Pray for us.*
Queen of the Society of Mary, *Pray for us.*

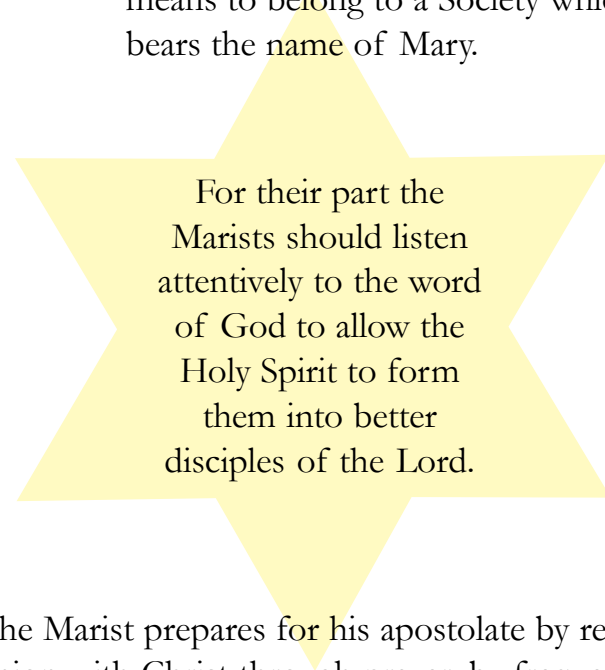
Saint Michael the Archangel and all our Guardian Angels, *Pray for us.*
Saint Joachim and Saint Anne, *Pray for us.*
Saint Joseph, *Pray for us.*
Saint John the Evangelist, *Pray for us.*
All the Holy Apostles and Saint Francis Xavier, *Pray for us.*
Saint Peter Chanel, *Pray for us.*
Saint Marcellin Champagnat, *Pray for us.*
Saint Julian Eymard, *Pray for us.*
Saint John Mary Vianney, *Pray for us.*
All our Holy Patrons, *Pray for us.*
All you saints devoted to the Blessed Virgin Mary, *Pray for us.*

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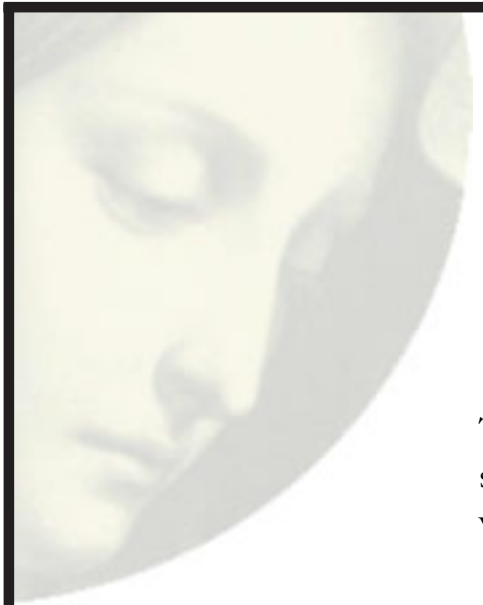
Growth and development, human, spiritual, and professional, must continue through all stages of Marist life.

In prayer and reflection a Marist may deepen his understanding of what it means to belong to a Society which bears the name of Mary.



For their part the Marists should listen attentively to the word of God to allow the Holy Spirit to form them into better disciples of the Lord.

The Marist prepares for his apostolate by remaining in intimate union with Christ through prayer, by frequent reception of the sacraments of the Eucharist and Reconciliation, and by studying in depth the person and mystery of Jesus.



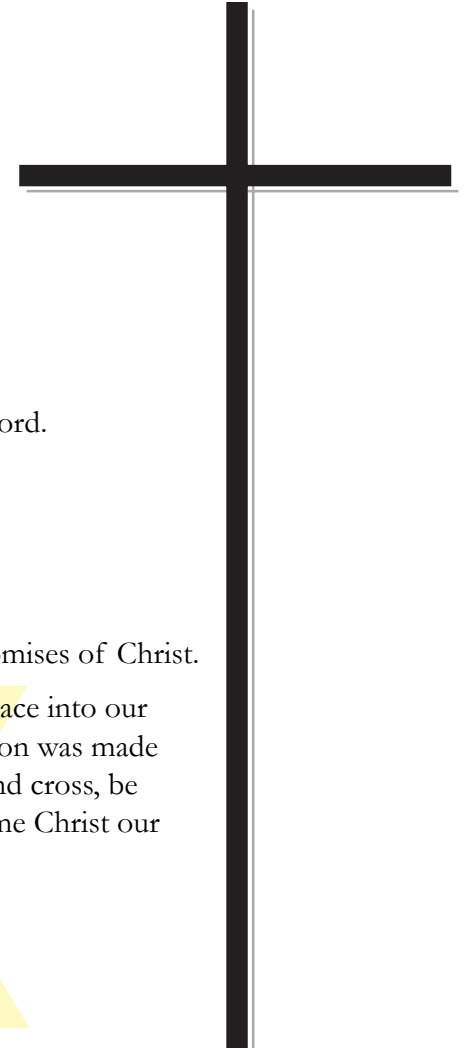
Marists and Prayer

The spiritual life is nourished and sustained by contemplation of the word of God.

Private prayer, for which Christ found time and space even on the busiest days of his ministry, cannot be omitted without presumption by those who call themselves his disciples. Fidelity to the spirit of prayer and to prayer itself is one of their first duties.

A Marist shall have recourse to Mary with confidence and each day entrust to her the concerns of the Society.

Community prayer is vital for those who undertake a spiritual and apostolic venture together. It is an expression of faith and solidarity, and demands a creative search for new forms, such as reading the Scriptures together in faith, shared prayer, and reflection.



Angelus

Leader: The Angel of the Lord declared unto Mary.

Response: And she conceived by the Holy Spirit.

Hail Mary, etc.

Leader: Behold the handmaid of the Lord.

Response: Be it done unto me according to Your word.

Hail Mary, etc.

Leader: And the Word was made Flesh.

Response: And dwelt among us.

Hail Mary, etc.

Leader: Pray for us, O Holy Mother of God.

Response: That we may be made worthy of the promises of Christ.

Let us pray. Pour forth, we beseech You, O Lord, Your grace into our hearts, that we, to whom the incarnation of Christ your Son was made known by the message of an angel, may by His passion and cross, be brought to the glory of His resurrection. Through the same Christ our Lord. Amen.

Regina Caeli

Leader: Queen of heaven, rejoice, alleluia.

Response: For He Whom you merited to bear, alleluia.

Leader: Has risen, as He said, alleluia.

Response: Pray for us to God, alleluia.

Leader: Rejoice and be glad, O Virgin Mary, alleluia.

Response: Because the Lord is truly risen, alleluia.

Let us pray. O God, Who, through the resurrection of Your Son, Our Lord Jesus Christ, have been pleased to fill the world with joy; grant, we beseech You, that, through the Virgin Mary, His Mother, we may attain the joys of eternal life. Through the same Christ our Lord. Amen.



Our Prayer

Hail, Mary

Hail, Mary, full of grace; the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, hail, our life, our sweetness, and our hope.
To you do we cry, poor banished children of Eve.
To you do we send up our sighs, mourning and weeping in this vale of tears.
Turn then, most gracious advocate, your eyes of mercy toward us;
And after this, our exile, show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary!

Leader: Pray for us, O Holy Mother of God.

Response: That we may be made worthy of the promises of Christ.

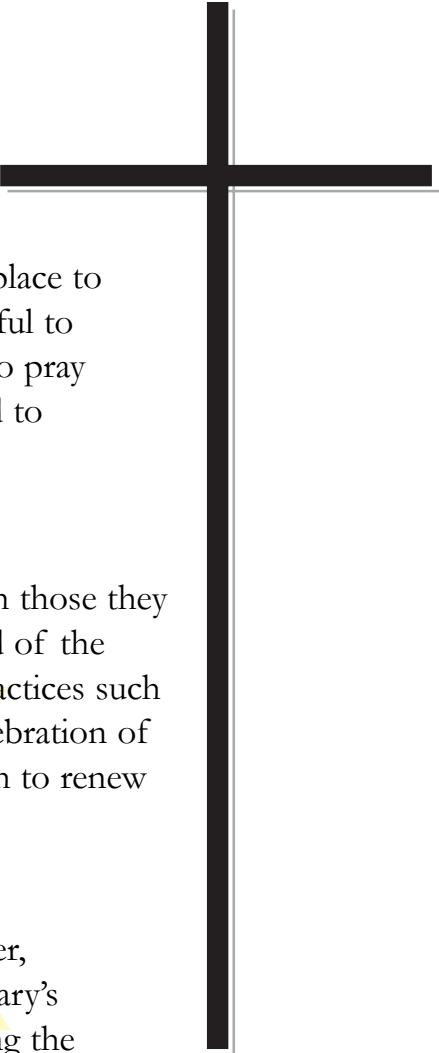
Let us pray. Almighty and everlasting God, who by the cooperation of the Holy Spirit prepared the body and soul of Mary, glorious Virgin and Mother, to be a fit dwelling for Your Son, grant that we, who rejoice in her memory, may be freed from present ills and from eternal death by her prayers. Through the same Christ our Lord. Amen.

Leader: Grant that I may praise you, O sacred Virgin.

Response: Give me strength against your enemies.

Leader: Blessed be God in His saints.

Response: Amen.



In union with the Church, Marists give a special place to praying the Liturgy of the Hours; clerics are careful to fulfill their canonical obligations. All are invited to pray part of the Liturgy of the Hours in common and to encourage the faithful to join them.

Marists themselves honor Mary and teach those they serve to honor her according to the mind of the Church. They make use of traditional practices such as the rosary and the *Angelus* and the celebration of her feasts, and they work with the Church to renew these devotions.

To strengthen the bonds that unite them to her, Marists hold in high regard the practices in Mary's honor traditional in the Society, such as praying the *Salve Regina* in common and placing her image at the superior's door to remind them that she is their first and perpetual superior. Following the example of the first Marist missionaries, they keep a special place in their prayers for the conversion of sinners and the perseverance of the faithful, commending them to the intercession of Our Lady by praying three Hail Marys and the *Sub Tuum* on rising and retiring.

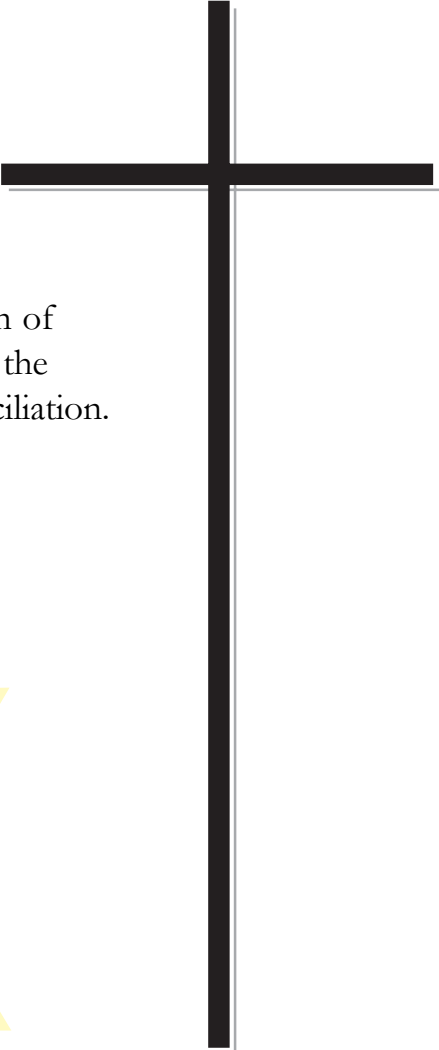


Marists Remember

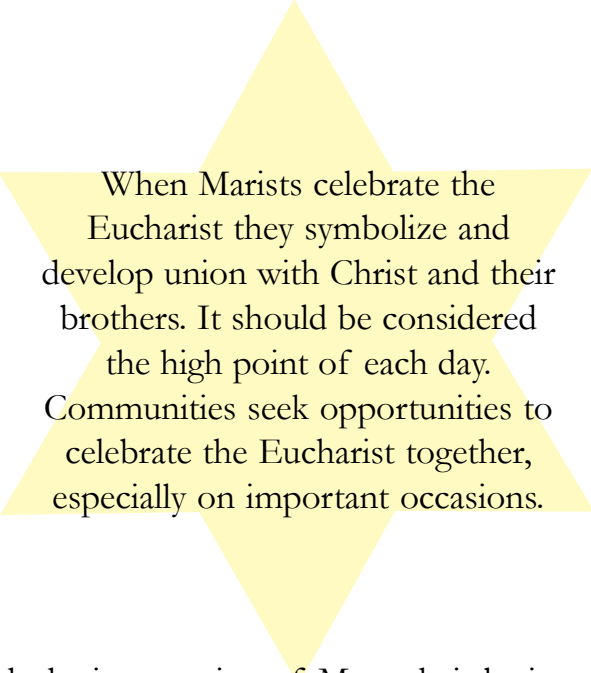
The Society will always keep alive the memory of its benefactors and express its indebtedness to them.

Marists pray for all members of the Society, living and dead, and for the members of other Marist congregations, particularly on September 12, Solemnity of the Holy Name of Mary and nameday of the Society. Their prayer is that the Lord may govern the Society, increase it, defend it from all error, and keep it faithful to its true spirit.

In their efforts to foster vocations Marists place their trust in the Holy Spirit who gives to certain people a longing for the Marist religious life. They pray that the Lord may awaken this desire in many Christians and help them to recognize it.



The desire for conversion and the proclamation of God's pardon have their ecclesial expression in the frequent reception of the sacrament of Reconciliation.



When Marists celebrate the Eucharist they symbolize and develop union with Christ and their brothers. It should be considered the high point of each day. Communities seek opportunities to celebrate the Eucharist together, especially on important occasions.

Through the intercession of Mary, their loving mother, Marists ask God to strengthen the work he has begun in them and keep them unto life everlasting.